

2026-2027 TLSS Main Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:15am - 7:45am Morning Training	6:15am - 7:45am Morning Training	6:15am - 9:00am Ticket Ice	6:15am - 7:45am Morning Training	6:15am - 7:45am Morning Training	7:15am - 7:55am Juvenile and Below
8:00am - 8:45am OPEN	8:00am - 8:45am OPEN		8:00am - 8:45am OPEN	8:00am - 8:45am OPEN	7:55am - 8:35am Juvenile and Below
12:15pm - 1:05pm High Performance	12:15pm - 1:05pm High Performance	12:15pm - 1:05pm High Performance	12:15pm - 1:05pm High Performance	12:15pm - 1:05pm High Performance	8:45am - 9:25am Pre-Novice and Up
1:15pm - 2:05pm High Performance	1:15pm - 2:05pm High Performance	1:15pm - 2:05pm High Performance	1:15pm - 2:05pm High Performance	1:15pm - 2:05pm High Performance	9:25am - 10:05am Pre-Novice and Up
2:15pm - 3:05pm High Performance	2:15pm - 3:05pm High Performance	2:15pm - 3:05pm High Performance	2:15pm - 3:05pm High Performance	2:15pm - 3:05pm High Performance	10:20am - 11:05am CanSkate
3:15pm - 4:05pm High Performance	3:15pm - 4:05pm High Performance	3:15pm - 4:05pm High Performance	3:15pm - 4:05pm High Performance	3:15pm - 4:05pm High Performance	
4:15pm - 5:05pm OPEN	4:15pm - 5:35pm OPEN	4:15pm - 5:05pm OPEN	4:15pm - 5:05pm OPEN	4:15pm - 5:05pm OPEN	
5:05pm - 6:05pm OPEN		5:05pm - 6:05pm OPEN		5:05pm - 6:05pm OPEN	
		6:20pm - 7:05pm CanSkate			

2026-2027 Off-Ice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:35pm - 1:05pm High Performance Jump Class	12:35pm - 1:05pm High Performance Jump Class	12:35pm - 1:05pm High Performance Jump Class	12:35pm - 1:05pm High Performance Jump Class	12:35pm - 1:05pm High Performance Jump Class	8:10am - 8:40am Pre-Novice and Up Jump Class
					8:45am - 9:15am Juvenile and Below Jump Class
4:15pm - 5:00pm High Performance Ballet	4:15pm - 5:00pm High Performance Conditioning	4:15pm - 5:00pm High Performance Ballet	4:15pm - 5:00pm High Performance Conditioning	4:15pm - 5:00pm High Performance Conditioning	
6:10pm - 6:40pm OPEN Jump Class	5:50-6:35pm Open	6:10pm - 6:40pm OPEN Jump Class	5:20-6:05pm Open	6:10pm - 6:40pm OPEN Jump Class	